

BUKTI KORESPONDENSI
ARTIKEL JURNAL BEREPUTASI INTERNASIONAL (Q4)

JUDUL : Characteristics of Pregnant Women with Thyroid Disorders at
Wahidin Sudirohusodo Hospital Makassar

JURNAL : Gac Méd Caracas 2023;131(Supl 2):S99-S104
DOI: 10.47307/GMC.2023.131.s2.2

Correspondence : Prema Hapsari Hidayati

No	Perihal	Tanggal
1	Bukti konfirmasi submit artikel dan artikel yang disubmit	12 Oktober 2022
2	Bukti konfirmasi review dan hasil review pertama	25 Oktober 2022
3	Bukti konfirmasi submit revisi pertama, respon kepada reviewer, dan artikel yang diresubmit	3 November 2022
4	Bukti konfirmasi artikel accepted	7 april 2023
5	Bukti konfirmasi artikel published online	14 &16 April 2023

PENDAHULUAN

Publikasi manuskrip hasil penelitian kami di jurnal Gac Méd Caracas, kami lakukan dengan memasukkannya pada acara 37th CONTINUING MEDICAL EDUCATION (PKB XXXVII) in conjunction with 3RD AIRLANGGA INTERNAL MEDICINE – INTERNATIONAL CONTINUING MEDICAL EDUCATION (AIM-ICME 3) THE INDONESIAN SOCIETY OF INTERNAL MEDICINE (PAPDI) di Surabaya . Berikut kami lampirkan pengumuman kegiatan tersebut

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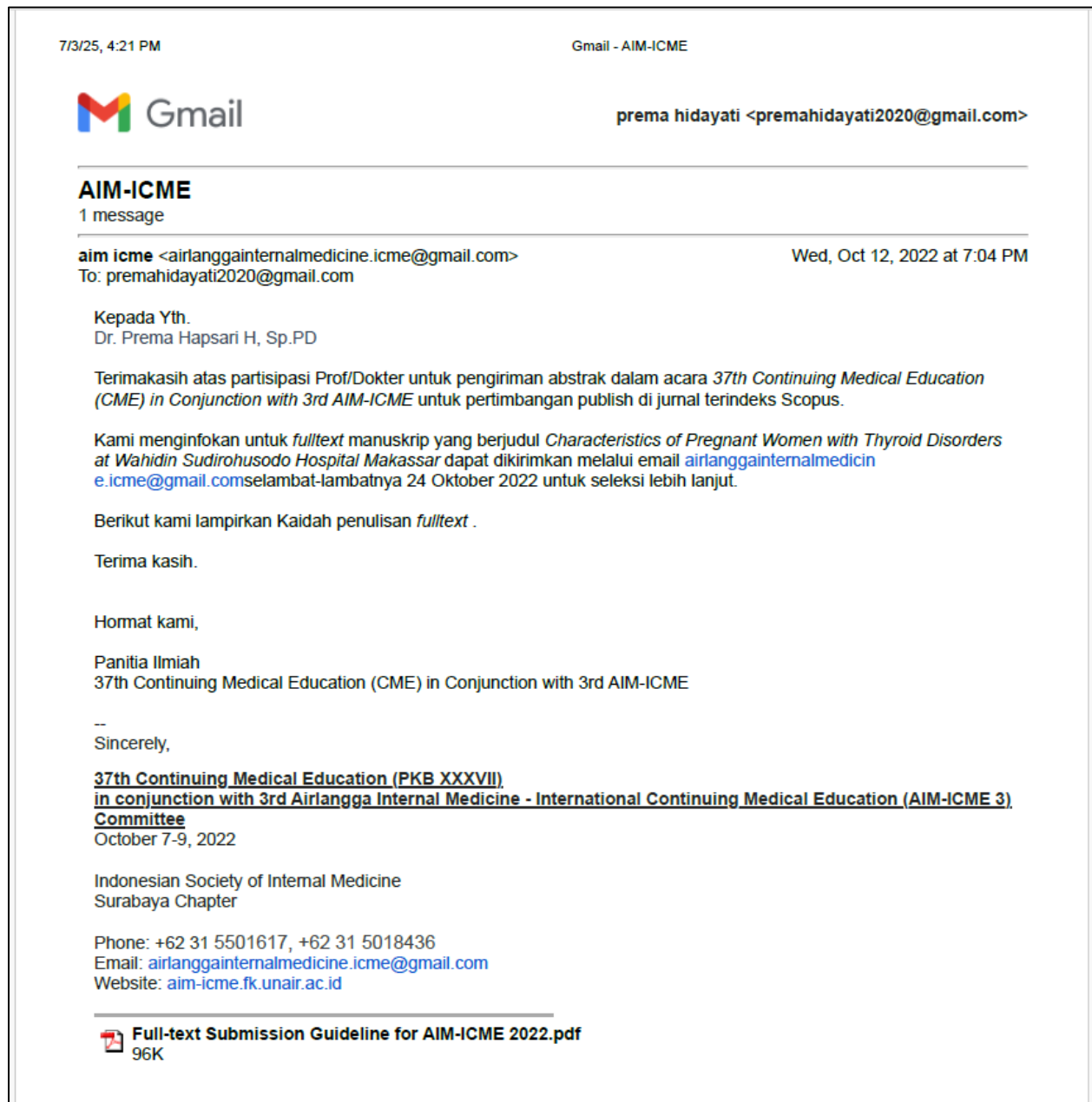


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Characteristics of Pregnant Women with Thyroid Disorders
at Wahidin Sudirohusodo Hospital Makassar
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ABSTRACT

Backgrounds: At least 2-3% of pregnant women experience thyroid dysfunction which affects the health of the mother and fetus. There is still little research on pregnant women with thyroid disorders. **aim:** investigating the characteristics of pregnant women with thyroid disorders in Dr. Wahidin Sudirohusodo Hospital Makassar. **Methods:** A descriptive retrospective study based on medical record data for the period 2019-2020. **Results:** There were 15 of 399 pregnant women (3.76%) who had thyroid disorders, most of them were hyperthyroid (46.7%) and without any previous thyroid history (73.3%). They were aged 20-35 years (86.7%), Bugis ethnicity (46.7%), multiparous (60%), had previous delivery history by cesarean section (56.7%) and had a normal BMI (73.3%). Thyroid complaints first appeared in the third trimester (66.7%) with a high level of FT4 (46.7%) and normal TSH (60.0%). The delivery method was Sectio Caesarea (60.0%), without any complications (73.3%), and the Apgar score of the babies was ≥ 8 (53.3%). Overall the babies condition were good in 86.7% cases. **Conclusion:** The most common thyroid disorder suffered by pregnant women at Wahidin Sudirohusodo Hospital in 2019-2020 was hyperthyroidism, and most of them gave birth in good condition

Keywords: pregnant mothers; thyroid disorders; characteristics

INTRODUCTION

The thyroid is the largest endocrine gland in the human body, located at the front of the neck. The thyroid gland produces thyroxine (T4) and triiodothyronine (T3) which are controlled by feedback mechanisms involving Thyroid Stimulating Hormone (TSH). The abnormalities of thyroid function consist of hypothyroidism and hyperthyroidism (Prajitno et al., 2020)

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Disorders of the thyroid gland are the second most common endocrine disorder in the world after diabetes. Approximately 30% to 40% of patients in the endocrine department have thyroid dysfunction. (Zaman et al., 2021). The American Thyroid Association reported that about 20 million Americans experience some form of thyroid disease, and more than 12% of the US population is estimated to have thyroid dysfunction during their lifetime (Muñoz-Ortiz et al., 2020). In Indonesia, based on the 2013 RISKESDAS, there are about 0.4% of the population experiences hyperthyroidism (RISKESDAS, 2013). In 2017, the Indonesian Ministry of Health

reported that as many as 17 million Indonesians experienced thyroid disorders, with the highest prevalence in South Sumatra (Ministry of Health, RI, 2017)

Normal thyroid function is essential for fetal development. Deficiency or excess of thyroid hormone can occur in pregnancy and cause problems for both mother and baby. At least 2% - 3% of pregnant women are affected by thyroid dysfunction. Hyperthyroidism occurs in 0.2% - 0.4% of pregnant women and is commonly associated with Grave's disease. The incidence of hypothyroidism in pregnancy is between 0.5%-3.5% and is usually caused by Hashimoto's thyroiditis. However, it can also be seen in areas with iodine deficiency (Smith et al., 2017).

Pregnant women with thyroid dysfunction need to get appropriate therapy and regular monitoring during pregnancy to protect the mother and baby (Dülek, 2019). However, screening for thyroid abnormalities in every pregnancy is still not recommended, only performed on high-risk pregnant women. Furthermore, the lack of public knowledge about thyroid disease, limited facilities to check thyroid hormones, and differences in interpretation of typical thyroid function values in pregnant women make the risk of fetal death due to thyroid dysfunction still high, around 79% (Alexander et al., 2017) (Mutalazimah, Mulyono and Murti, 2013). Therefore, recognizing the signs of thyroid disorders in pregnant women is essential. Unfortunately, until now, there are still limited publications regarding the characteristics of pregnant women with thyroid disorders in Indonesia, especially in Makassar.

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METHOD

This research is a descriptive study with a retrospective approach using data from the medical records of all pregnant women who perform antenatal care and childbirth at RSUP Dr. Wahidin Sudirohusodo Makassar from January 2019 to December 2020 or 2 years. The inclusion criteria in this study were all pregnant women diagnosed with thyroid disorders during antenatal care until after delivery. Meanwhile, the exclusion criteria are if there are incomplete thyroid function laboratory results.

RESULTS

In this study, we found that 399 pregnant women had their pregnancy checked at Dr. Wahidin Sudirohusodo Makassar from January 2019 to December 2020. Among them, 15 people were diagnosed with thyroid disorders and included in this research. The characteristics of our research sample are presented in Table 1.

In this study, we found that 60% of pregnant women were multipara, 26,7% were primipara dan 13,3% were grande para. Among those women, 56,7% had a history of cesarean section for previous labor methods, 13,3% had a regular procedure, and 6,7% never gave birth. Meanwhile, based on the current delivery method, 60% had a section cesarean procedure, and 40% had the standard method. Therefore, about 26,7% of pregnant women experience complications during childbirth, but 73,3% do not.

In this study, we found 86,7% of babies were born healthy, but 13,3% of babies died after some time of intensive therapy. Among those healthy babies, 53,3% had an APGAR Score of more than eight, and 33,3% had APGAR Score below eight. In addition, about 53,3% of babies had average weight and length, while 33,3% had low birth weight and a short length.

DISCUSSION

This study's results align with research conducted by Dulek in 2019, which is that at least 2% -3% of pregnant women are affected by thyroid dysfunction. Hyperthyroidism occurs in 0.2%-0.4% of pregnant women. Furthermore, in hyperthyroidism during pregnancy, complications such as stillbirth, abortion, premature birth, preeclampsia, heart failure, and thyroid storm can occur. (Dulek, 2019)

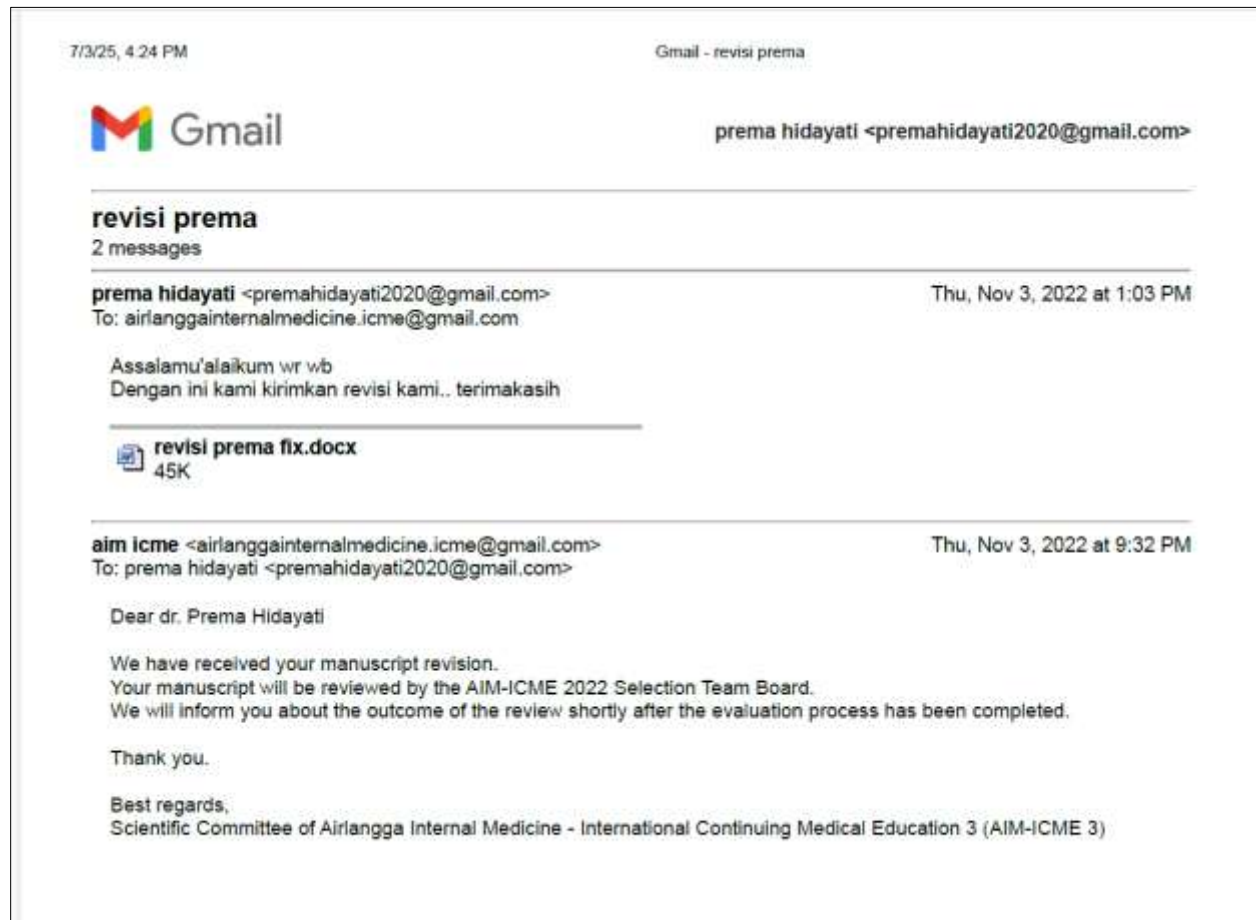
The highest age group in this study was the age group of 20-35 years. This result is in line with research conducted by Cooper 2013 which found that the highest incidence of hyperthyroidism was found in women aged > 30 years, around 55-80 per 100,000 people per year. Whereas in women aged 20-29 years, the incidence is 35-50 cases per 100,000 per year, and for women younger than 20 years, the risk is much lower (Cooper & Laurberg, 2013)

Based on RISKESDAS in 2013, the prevalence of hyperthyroidism in South Sulawesi province was the fourth highest, with a prevalence of around 0.5%. However, concerning pregnant women, to the best of the author's knowledge, this study is the first to publish the incidence of thyroid disorders in pregnant women in Indonesia, especially in Makassar, South Sulawesi. Our study also found that most pregnant women with thyroid disorders came from the Bugis and Makassar ethnic groups.

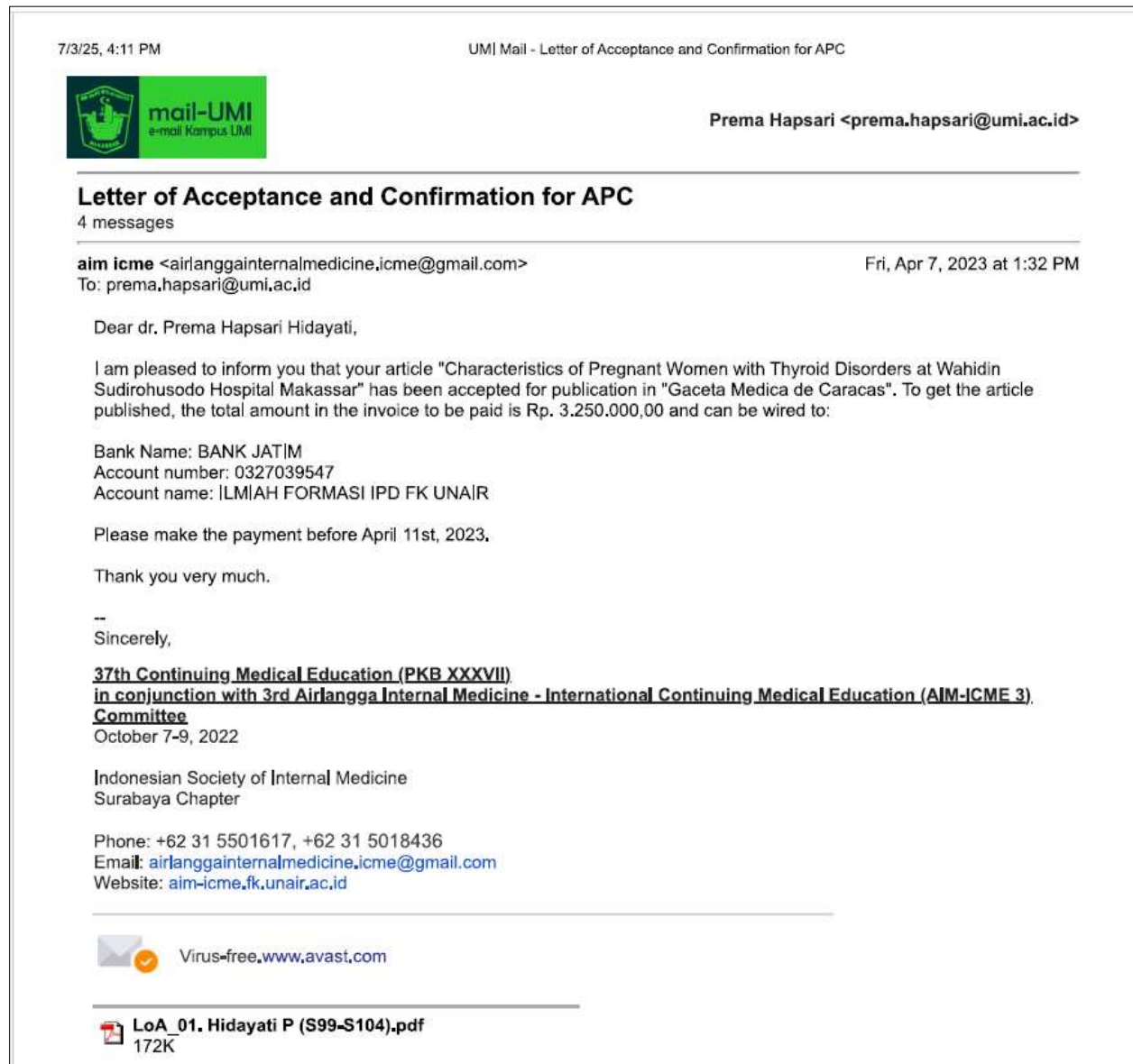
Diagnosis and complaints of thyroid disorders in pregnant women in this study were only found in the second and third trimesters, similar to research conducted by Gheorghiu 2021. In

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LETTER OF ACCEPTANCE

April 2nd, 2023

Dear author,

On the behalf of the Airlangga Internal Medicine – International Continuing Medical Education III (AIM-ICME III) CME XXXVII Internal Medicine PAPDI Surabaya Chapter 2022's committee, we are pleased to inform that your paper entitled:

"Characteristics of Pregnant Women with Thyroid Disorders at Wahidin Sudirohusodo Hospital Makassar"

Written by:

Prema Hapsari Hidayati, Irmayanti, Masita Fujiko, Mochammad Erwin Rachman, Syafira Ananda
Marendengi

has been ACCEPTED and will be proceed to be published in Gaceta Medica de Caracas that is indexed by SCOPUS Q4.

We congratulate for your achievement. The technical issues about the publication will be informed later. Thank you very much for participating in our event.

Kindest Regards,

Chairman of the Committee of AIM-ICME III

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